Optional Excursion June 13 - 16

# Machu Picchu Adventure

Join us on as we explore

Machu Picchu and the

Sacred Valley of Peru



### 500 YEARS AGO...

The Inca had no written language, no iron, no steel, and no wheels, yet their engineering skills were remarkable even by today's standards. The 700-plus terraces of Machu Picchu not only preserved soil and promoted agriculture but also served as part of a water-distribution system that conserved water and limited erosion on the steep slopes.

In addition to their engineering skills, the <u>Incas</u>' were also skilled astronomers. The Intihuatana Stone, a stone pillar, accurately indicates the positioning of the sun and marks the seasonal equinoxes to this day.

Come with us and explore the marvels of Machu Picchu. Experience the healing power of Solar Baths, hike to the pre-Inca salt mines or simply relax and unwind at our garden retreat in the Sacred Valley.

Machu Picchu and the Sacred Valley are waiting for you!



## Excursion Details \$700

Please note all prices are approximate as it is more than one year out.

#### Included:

All Hotel Accommodations
Breakfast and dinner while at Willka T'ika
Transfers, tickets, train, bus, and guide

#### **Excluded:**

Flight from Quito to Cusco Flight from Cusco to DFW

#### Schedule:

June 13 - Fly from Quito to Lima to Cusco

Late arrival at hotel in Cusco

June 14 – Transfer to Willk T'ika Retreat Center for 2 nights.

June 15 – Take the train to Machu Picchu, return to Willk T'ika for dinner.

June 16 – Transfer to Cusco for the night.

June 17 - Fly to DFW



## Willka T'ika Retreat Center

Located at the foot of glacier-topped Andean peaks in the heart of the Sacred Valley, Willka T'ika offers an experience of luxury and wellness in one of the earth's most energetically charged, culturally rich settings.

# Willka T'ika Retreat Center

Willka T'ika was originally conceived and is lovingly maintained as a private garden retreat center. The sustainable guest rooms reflect the textures and colors of the Andes. Made from natural earth materials and adorned with local artwork, each guest room is uniquely designed using Feng Shui principles.

Willka T'ika offers art and herbal medicine workshops as well as provide unique healing and relaxation services such as:

**Solar baths** - Created from stone and set in secluded garden spots, our baths are heated by the sun during the day. At night the water is infused with flowers, medicinal herbs, and medicinal Maras salt. Enjoy a luxurious soak under the stars before bed.

**Sound Ceremonies** - Offered for a minimum group size of 4. This healing ceremony has the power to penetrate our habitual thought patterns, permitting us to reduce our mental activity and reach a profound state of relaxation.

**Crystal light therapy** - Combining color, light, quartz crystals, and music to clear and realign the body's chakras, this gentle half-hour treatment encourages healing of the body and mind and leaves you feeling revitalized and refreshed..

We also offer optional Andean SPA treatments, including massage and facials.

Willka T'ika also offers exclusive private tours of local cultural sites as well as nature-based outings. Spend time in our beautiful gardens or take a workshop in herbal medicine. You can enjoy a variety of spectacular hikes or within walking distance, visit the pre-lncan salt mines of Maras.